

FAMILY FAVORITE OATMEAL COOKIES

Surprise your family with a batch of these delicious oatmeal cookies. They're sure to become a family favorite!

1 cup vegetable shortening
1 cup sugar
1 cup packed brown sugar
2 eggs
1 teaspoon vanilla extract
1 1/2 cups all-purpose flour
1 teaspoon baking soda
1 teaspoon salt
3 cups Old Fashioned Oats
1 cup chopped walnuts / raisins, optional



Preheat oven to 350°F. Grease cookie sheet. Beat shortening and sugars until creamy. Add eggs and vanilla; mix well. Combine flour, baking soda and salt. Add to shortening mixture; mix well. Stir in oats, nuts and raisins. Using rounded tablespoons, roll into balls. Place 2 inches apart on prepared cookie sheet. Flatten with fork. Bake 10 to 12 minutes or until lightly browned. Let stand 1 minute before removing to racks to cool.

Makes 5 dozen.

Nutrition information per cookie: 85 calories, 11.5g carbohydrate, 1g protein, 4g fat, 7mg cholesterol, 63mg sodium, .5g dietary fiber.



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