

# SUPER ENERGY BALLS

1 cup peanut butter  
2 tablespoons margarine or butter, melted  
1/2 cup honey  
1/2 cup non-fat dry milk powder  
1/2 cup raisins  
2 cups Tosteos® brand cereal  
1/2 to 2/3 cup flaked coconut

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Combine peanut butter, margarine and honey in medium bowl. Stir in milk powder and raisins. Add cereal, stirring until all pieces are evenly coated. Drop 1 teaspoon cereal mixture into coconut and roll into a ball. Repeat. Store in airtight container in refrigerator.

Makes 5 dozen.

Nutrition information per ball: 49 calories, 5g carbohydrate, 1.5g protein, 3g fat, trace cholesterol, 34mg sodium, .5g dietary fiber.



**The Leader in Value+ Brand® Cereals!**